Get care from the comfort of home

We know the coronavirus is a major concern for everyone, but rest assured you can continue to get the high-quality care you depend on for all your health needs. For primary care, specialty care, and mental health services, connect with your care team from the safety and comfort of your home.

E-visit
Fill out a short questionnaire about your symptoms online and get personalized self-care advice from a Kaiser Permanente clinician.

Phone appointment
Schedule an appointment to talk with a Kaiser Permanente clinician over the phone – just like an in-person visit.1,2

Email
Message your doctor’s office with nonurgent questions anytime through your kp.org account.1

Video visit
Meet face-to-face with a doctor by video for the same high-quality care as an in-person visit.1,2

Mail-order pharmacy
Get prescriptions sent straight to your door with our mail-order delivery service.3

Ready to make an appointment?

Go online:
Sign in to kp.org or use the Kaiser Permanente app. If you’re a member in Colorado or Washington, you can also chat online with a doctor through your kp.org account.

Call us 24/7:
Find your location information below.

California
• Northern California: 650-358-7015 (TTY 711)
• Southern California: 1-833-574-2273 (TTY 711)

Colorado
• Denver/Boulder: 303-338-4545 (TTY 711)
• Mountain/Northern Colorado: 970-207-7171 (TTY 711)
• Southern Colorado: 1-800-218-1059 (TTY 711)

Georgia
404-365-0966 (TTY 711)

Hawaii
• Oahu: 808-432-2000 (TTY 711)
• Maui: 808-243-6000 (TTY 711)
• Hawaii Island: 808-334-4400 (TTY 711)
• Kauai: 808-246-5600 (TTY 711)

Maryland/Virginia/Washington, D.C.
1-800-777-7904 (TTY 711)

Oregon/SW Washington
• Portland: 503-813-2000 (TTY 711)
• All other areas: 1-800-813-2000 (TTY 711)

Washington
1-800-297-6877 (TTY 711)

Learn more at kp.org/getcare