



## Independent Living Power Services®

(Los Angeles, Orange, Riverside, San Bernardino and San Diego Counties)

### Independent Living Power

SCAN Health Plan offers unique in-home services designed to keep retirees on Medicare healthy and independent. Called Independent Living Power, these services can help you during recovery from a hospital stay or provide support during a long-term illness. For many retirees, these benefits provide the extra help necessary to remain out of a nursing home. Qualifying members are eligible for up to \$650 per month of these additional services.

### Personal Care Coordinator

\$0 copay

SCAN staff will provide personal assistance to coordinate your Independent Living Power services or other services within SCAN and assist with referrals to community resources.

### Home Delivered Meals

\$0 copay

SCAN members are covered for home delivery of meals to meet nutritional needs.

### Personal Care

\$15.00 copay/visit

You are covered for in-home assistance for tasks such as bathing, dressing, eating, getting in and out of bed, moving about/walking, and grooming.

### Emergency Response System

\$0 copay

SCAN members are covered for the installation of a personal emergency response device that alerts emergency medical personnel to provide immediate help. There is no cost for installation.

### Enhanced Routine Transportation

\$0 copay

Members who qualify for Independent Living Power are eligible to receive unlimited rides per year to or from pre-scheduled medical appointments to contracted providers. Please call 24 hours in advance to arrange the ride.

### Transportation Escort

\$15.00 copay

As a SCAN member you are eligible to receive an escort to assist you during transportation to and from medical appointments.

### Homemaker Service

\$15.00 copay/visit

SCAN members are eligible to receive assistance with light cleaning, grocery shopping, laundry and meal preparation.

### Inpatient Custodial Level Care

\$0 copay

You are covered for up to 5 days for post acute or respite support in an in-patient facility such as a skilled nursing facility. You may use this service following a hospital discharge, ER visit, or to provide your caregiver respite

### In-Home Caregiver Relief

\$15.00 copay

SCAN provides alternative caregiver services in your home when a regular caregiver can't be there.

### Adult Day Care /Community Based Adult Services (CBAS) – AKA Adult Day Health Care

\$15.00 copay

SCAN covers adult day care services in a center to provide relief for your regular caregiver while addressing the individual needs of the member for physical, social or intellectual exercises and stimulation.

### Incontinence supplies /Hygiene supplies

\$0 copay

SCAN covers incontinence and hygiene supplies (certain criteria applies for hygiene supplies).

### Bathroom Durable Medical Equipment (DME)

\$0 copay

SCAN covers bathroom DME such as shower chairs, shower hoses, grab bars, toilet seat risers and safety frames.

Members who qualify for Independent Living Power/Long Term Services and Supports must meet state criteria as Nursing Home Certifiable as determined by a SCAN Specialist after enrollment in the plan. Thereafter, an annual assessment is required. Services available only in Los Angeles, Orange, Riverside, San Bernardino, and San Diego counties. Contact SCAN for details. SCAN Health Plan is an HMO plan with a Medicare contract. Enrollment in SCAN Health Plan depends on contract renewal.