



More Convenience. More Care.

Same-day, walk-in health care seven days a week. No appointment necessary.



Illness and minor injuries can happen at any time. So, we're here when you need us. Our **Scripps HealthExpress** clinics offer same-day care throughout San Diego County seven days a week, with evening and weekend hours available.

You can walk in, call ahead to speak with a triage nurse or go to **Scripps.org/Everyday** to hold your place in line to be seen. You also can view the number of people waiting to be seen at each site and select a clinic most convenient for you. We accept most

insurance plans, and your visit is billed as a primary care office visit (excluding sports physicals).

HealthExpress also accepts cash, check or credit card for services if preferred.

HealthExpress will diagnose and treat minor illnesses, injuries and other immediate health care needs, including:

- Vaccines (flu and Tdap)
- Urinary tract infections
- Sore throat and strep throat
- Allergies and asthma
- Flu-like symptoms
- Skin conditions
- Ear infection and earache
- Sinus infections
- Bug bites and stings
- Minor cuts, burns

Sports physicals (excluding labs) available for \$69.

Scripps HealthExpress **(ages 5 and older)**

Monday–Friday: 7 a.m.– 9 p.m.

Weekends and Holidays: 8 a.m.–5 p.m.

Pediatric HealthExpress **(3 months to age 17)**

Carmel Valley and Rancho Bernardo

Monday–Friday: 5–9 p.m.

Weekends and Holidays: 8 a.m.–5 p.m.

No appointment necessary. Walk in the same day. Evening and weekend hours available.

Call **858-304-1405** or go to **Scripps.org/Everyday** to hold your place in line.

Locations are listed on the back of this flyer.

More Convenience. More Care.

Same-day, walk-in, express health care seven days a week and holidays. No appointment necessary.

Locations

- 1 Scripps Clinic, Carmel Valley**
3811 Valley Centre Drive
San Diego, CA 92130
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
3 months to age 17:
Monday–Friday: 5–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 2 Scripps Clinic, Liberty Station**
2445 Truxtun Road
Suite 200
San Diego, CA 92106
Ages 5 and older:
Monday–Friday, 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 3 Scripps Clinic, Mission Valley**
7565 Mission Valley Road
San Diego, CA 92108
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 4 Scripps Clinic, Rancho Bernardo**
15004 Innovation Drive
San Diego, CA 92128
Ages 5 and older:
Monday–Friday, 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
3 months to age 17:
Monday–Friday: 5–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 5 Scripps Clinic, Rancho San Diego**
10862 Calle Verde
La Mesa, CA 91941
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 6 Scripps Clinic, Torrey Pines**
10666 N. Torrey Pines Road
La Jolla, CA 92037
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 7 Scripps Coastal Medical Center, Carlsbad**
2176 Salk Ave.
Carlsbad, CA 92008
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 8 Scripps Coastal Medical Center, Eastlake**
971 Lane Ave.
Chula Vista, CA 91914
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 9 Scripps Coastal Medical Center, Encinitas**
477 N. El Camino Real
Suite B303
Encinitas, CA 92024
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 10 Scripps Coastal Medical Center, Hillcrest**
501 Washington St.
Suite 600
San Diego, CA 92103
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 11 Scripps Coastal Medical Center, Oceanside**
4318 Mission Ave.
Oceanside, CA 92057
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 12 Scripps Coastal Medical Center, Solana Beach**
380 Stevens Ave., Suite 100
Solana Beach, CA 92075
Ages 5 and older:
Monday–Friday: 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.
- 13 Scripps Coastal Medical Center, Vista**
130 Cedar Road
Vista, CA 92083
Ages 5 and older:
Monday–Friday, 7 a.m.–9 p.m.
Weekends and Holidays:
8 a.m.–5 p.m.

▲ Locations also offer **Scripps HealthExpress** pediatric care for children 3 months to 17 years

